



Appointment Scheduling: 504-883-5999

Therapeutic and Swedish Massage Services from Kathleen Corchiani, LMT #LA4898

Therapeutic Massage

Therapeutic Massage involves the manipulation of the soft tissue structures of the body to prevent and alleviate pain, discomfort, muscle spasm and stress; and to promote health and wellness. Massage therapy improves functioning of the circulatory, lymphatic, muscular, skeletal and nervous systems and may improve the rate at which the body recovers from injury and illness.

Massage involves holding, causing movement of soft tissue and/or applying pressure to the body. Therapeutic massage is used for the treatment of patients with a wide range of conditions such as:

- Back, Neck and shoulder pain
- Chronic headaches
- Sports injuries
- Insomnia
- Depression
- Fibromyalgia
- Restless Legs Syndrome
- Carpal Tunnel Syndrome
- TMJ Dysfunction

It is also used in cases of metabolic disorder or lymphatic drainage after treatment for cancer.

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| 30 minute massage | \$75 | 60 minute massage | \$100 |
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Swedish Massage

Swedish Massage is focused on relaxing muscles by applying pressure to them against deeper muscles and bones, and rubbing in the same direction as the flow in the blood and release toxins from the muscles.

Swedish massage feels good, is relaxing and invigorating. It affects the nerves, muscles, glands and circulation, while promoting health and well being.

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| 30 minute massage | \$50 | 60 minute massage | \$75 |
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